



Patient Participation Group News

NHS GP Patient Survey Results

This year's GP NHS Patient Survey results highlight overwhelmingly positive feedback from patients registered with Chillington Health Centre.

Access: 90% found it easy to get through by phone

77% found the website easy to use | 75% liked the NHS App

Reception Team: 95% said they were helpful (National: 83%)

Appointments: • 87% felt wait times were right • 79% offered a choice of time/day • 64% usually see their preferred professional (National: 40%)

Care Quality: • 96% felt listened to | 98% had trust in their clinician • 94% felt cared for | 89% said mental wellbeing was considered • 97% felt involved in decisions and had needs met

Long-Term Conditions: 93% felt supported (National: 69%)

Overall Experience: 91% rated care as good (ICS: 79% | National: 75%)

Full results: <https://www.gp-patient.co.uk/patientexperience/results?code=L83148>

NHS App

Did you know you can view your test results in the NHS App?

You can see recent test results that have been added to your online GP health record, without having to phone your GP practice.



Find out more: <https://www.nhs.uk/nhs-app>

Sarcoma Awareness Month – July

Sarcomas are rare cancers affecting connective tissues and bones. There are two main types:

- ◆ **Soft Tissue Sarcomas** – Begin in supportive tissues like muscle, fat, nerves, tendons, ligaments, blood vessels and fibrous tissues. Around 4,300 people are diagnosed each year in England.
- ◆ **Bone Sarcomas (Primary Bone Cancer)** – Start in the bones themselves, with about 550 cases annually in the UK. Raising awareness helps improve understanding and support for those affected. Find out more and find support at macmillan.org.uk

Next Steps Together

Tumbly Hill's New Health & Wellbeing Hub After two years of planning and community effort, the former Day Centre in Kingsbridge has been transformed into a thriving Health & Wellbeing Hub at Tumbly Hill.

The Hub is now open, offering a range of vital services and opportunities for local residents. These include:

- Dementia support sessions
- Professional counselling
- Intergenerational groups
- Creative activities
- Gentle movement and wellbeing sessions
- Volunteer opportunities



🔗 Find out more [Next Steps - Next Steps Together](#)

This Month's Top Tip

Tick Alert - Protect Yourself Outdoors

Ticks lurk in long grass and wooded areas. They bite and can transmit Lyme Disease - watch for flu symptoms and a circular rash 1–4 weeks after a bite. 🪲 Safe removal is key - use a tick remover, not tweezers. Check out *Watch Out Ticks About* on YouTube for guidance.

✅ **Prevent it:** Wear long trousers, use repellent, stick to paths, and check yourself (and pets!) after walks. Keep a tick remover handy. For more information visit Lyme Disease in the Conditions A to Z section of the NHS website : www.nhs.uk

Get Involved

If you are interested in joining our PPG, please email chillingtonhealthcentreppg@outlook.com or call Kim Greening on 07942 289114

You can follow us on Facebook using the following link
[Chillington Health Centre Patient Participation Group | Facebook](#)

Or use the QR Code below



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